

MAX JEFFERIES

Openside Flanker / Inside Centre (15s) | Inside Centre / Hooker (7s)

Height: 5'8" (173cm) | Weight: 85kg | Age: 18 | British

Location: Wynnum, Brisbane, Australia (Working Visa for 1 year) Registered

Please visit my online profile for more information - www.max.jefferies.me.uk

PLAYER PROFILE

High work-rate openside flanker with academy development and senior men's Level 5 rugby experience in England. Breakdown-focused defender with strong tactical awareness and elite aerobic conditioning developed through national 7s pathway. Seeking a competitive Colts programme within Sydney's Shute Shield system.

RUGBY EXPERIENCE

Hartpury College – Rugby Academy (UK)

- Represented 2nd XV in national school competition structure.
- Competed against top programmes including Millfield & Clifton College.
- Trained within elite S&C and performance analysis environment.

North Dorset RFC – Level 5 National League (UK)

- Promoted to 1st XV senior men's squad. Capt. of Colts team 2024/5
- Developed physical resilience in structured adult competition.
- Recognised for breakdown efficiency and defensive work rate.

7s RUGBY EXPERIENCE

National 7s Academy (UK)

- Selected and retained for 5 years (Ages 13–18).
- Graduated from selective national pathway (830 players UK-wide).
- Developed advanced spatial awareness and high-tempo conditioning.

KEY ATTRIBUTES

- Exceptional work rate (attack & defence)
- Breakdown speed & jackal threat
- High tackle completion
- **Strong** communication & rugby IQ
- Elite aerobic capacity